

# TAKE 2

...to know the signs

Take two minutes to learn the symptoms of a stroke. Acting fast when they occur could save your life or the life of a loved one. Use this card to recognize and respond to stroke symptoms quickly.

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Source: American Heart Association/American Stroke Association  
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## **FACE DROOPING**

Does one side of the face droop or is it numb? Ask the person to smile.



## **ARM WEAKNESS**

Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?



## **SPEECH DIFFICULTY**

Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Is the sentence repeated correctly?



## **TIME TO PHONE**

If the person shows any of these symptoms, even if the symptoms go away, phone emergency services and get them to the hospital immediately.